

Dryw O. Dworsky, Ph.D.

Licensed Clinical Psychologist (#6263)

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Work:
Department of Psychology
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Education

- 1998-2004 **Bowling Green State University**, Bowling Green, Ohio
APA-Accredited Clinical Psychology Program
Degree: Doctor of Philosophy in Clinical Psychology; Degree conferred in August, 2004
Degree: Master of Arts; Degree conferred in August, 2001
Major: Clinical Psychology; Concentration: Community Psychology
- 1994-1998 **University of Delaware**, Newark, Delaware
Degree: Bachelor of Arts (Honors Program)
Major: Psychology
Minor: History

Clinical Experience

- 2005-present **Director and Clinical Professor – Psychological Services Center (PSC), Department of Psychology - Bowling Green State University**
- Responsible for the daily operation of the Department of Psychology's training clinic, a vibrant community and campus mental health center staffed by approximately 40 graduate student clinicians and a support staff of three
 - o The PSC conducts individual, couples, and family therapy, psychological assessment, program development and evaluation as well as consultation and community education
 - o Approximately 60 client contacts are made in the PSC each week
 - Duties include:
 - o Providing individual hour-for-hour supervision for 8 to 14 students each week
 - o Conducting psychotherapy and assessment for community and college populations
 - o Teaching graduate level courses in psychological assessment, psychopathology, diversity, consultation, and therapy
 - o Developing pre/post measure, client satisfaction measure, and coinciding databases to track client data and report on clinic efficacy
 - o Managing and providing walk-in crisis services
 - o Budgeting, planning, and policy development
 - o Increasing clinic visibility on campus and in the community
 - o Developing and maintaining connections with campus and community agencies
 - o Advising the department's Diversity Committee
 - o Chairing the Psychological Services Center Advisory Committee
 - o Serving as the clinical psychology department's HIPAA Compliance Officer

- Serving as a member of the BGSU Disaster Mental Health Services Network
- Serving as a member of the BGSU Mental Health Awareness and Education Committee
- Serving on BGSU Alternative Review Board and Title IX Board
- Serving as faculty sponsor for the BGSU Psi Chi chapter
- Sitting on Master's level and Doctorate level research committees

2020-present **Director of Clinical Training – Bowling Green State University, Department of Psychology**

- Responsible for oversight of the clinical training program
- Duties include:
 - Providing guidance to students with regard to clinical curriculum, training experiences (e.g., placement, internship), and career preparation.
 - Being available to clinical students who are experiencing difficulty with aspects of clinical program (e.g. courses, placements, faculty conflicts)
 - Conducting clinical faculty meetings
 - Serving as liaison between clinical faculty and student representatives
 - Monitoring clinical program progress of students, including supervisor evaluations, professional activities, course requirements
 - Working with external clinical placement sites, students, and PSC Director to make placement assignments.
 - Monitoring students' performance on external clinical placements
 - Assisting coordination of the pre-doctoral internship application process
 - Assisting in verifying students' eligibility and readiness for pre-doctoral internship
 - Attending annual meeting of Council of University Directors of Clinical Training and responding to inquiries and training initiatives from APA, APPIC and other research and training organizations

2006-present **Psychology Consultant – Wood Lane Residential Inc., Bowling Green, Ohio**

- Provide consultation for two multi-disciplinary teams. The first was constructed to develop, implement, monitor, and adapt behavioral support plans for individuals with intellectual disabilities living in Wood County's residential facilities. The charge of the second is to monitor and, when necessary, adapt treatment plans for individuals taking psychotropic medications within that same system.

2000-present **Sport Psychology Consultant – Bowling Green State University, Bowling Green, Ohio**

- Provide sport psychology consultation for individual athletes as well as athletic teams at a Division I-A university, focusing on psychological techniques such as progressive relaxation, imagery, anxiety management, and goal setting

2004-2005 **Post-Doctoral Fellow – Bowling Green State University, Department of Psychology**
Supervisors: Kenneth Shemberg, Ph.D., Catherine Stein, Ph.D.

- Primary responsibilities included supervision of graduate students, individual therapy for both community and college populations, conducting assessments, and consultation with the BGSU Counseling Center
- Duties also included teaching a Basic Therapy team, a group supervision experience that included didactics designed to advance the skills of beginning clinical students

2004-2005 **Psychology Resident - Bowling Green State University Counseling Center**
Supervisor: Mark Krautheim, Ph.D.

- Responsibilities included individual therapy and consultation with counseling center staff

2003-2004 Doctoral Psychology Intern – **Wichita Collaborative Psychology Internship Program, Wichita, Kansas**

Primary Placement: **Wichita State University Counseling and Testing Center, Wichita, Kansas**

Psychotherapist/Supervisor/Sport Psychology Consultant
Supervisors: Susan E. Hendrich, Psy.D., Gregory J. Buell, Ph.D.

- Primary responsibilities included conducting intakes, individual therapy, crisis intervention, and supervision of practicum students
- Duties also included outreach presentations, consultation with various departments in the campus community, acting liaison to the office of residence life, and sport psychology consultation with WSU athletic teams

Secondary Placement: **University of Kansas School of Medicine, Good Shepard Hospital, Wichita, Kansas**

Psychology Consultant
Supervisor: C. Don Morgan, Ph.D.

- Provided diagnostic consultation services to psychiatrists and psychiatric residents
- Consultations consisted of psychological testing (MMPI-2, MCMI-III/MACI, K-BIT/WASI) and interpretation as well as a diagnostic interview with each patient

Posters, Presentations, and Invited Addresses

Dworsky, D. (2020). Evaluating ADHD: Common measures and assessment techniques. Presentation for Residents at the University of Toledo Medical School.

Dworsky, D. (2020). Utilization of the City of Bowling Green's CARE program. Presentation for City of Bowling Green administrators and supervisors.

Dworsky, D. & Krane, V. (2019). Applied Sport Psychology Workshop. Co-lead a two day workshop on the campus of BGSU for graduate students seeking instruction and applied learning opportunities in the field of sport psychology.

Dworsky, D. (2019, 2017). Erase the stigma. Panel member for a Bowling Green State University Wellness Connection campus presentation.

Dworsky, D. & Watford, T. (2018). Healthy grieving: Recognizing when it is time to seek help. Presentation for City of Bowling Green employees.

Dworsky, D. (2016). Mental health providers' role in providing affirmative care for transgender and gender non-conforming individuals. Presentation for the Clinical Colloquium Series at Bowling Green State University.

Dworsky, D. (2016). Effective Utilization of Mental Health Services for College Student-Athlete Support Staff. Guest Lecture at BGSU.

Dworsky, D. (2016, 2015). Mental Health Trends for Today's Student-Athlete. Presentation for Bowling Green State University Athletics Department.

Pentzien, C., Borushok, J., Lackey, J., Amrhein, K., **Dworsky, D.** (2015). ACT for Depression and Anxiety: Group Therapy with College Students and Community Members. *Poster present at the Association for Contextual*

Behavioral Science 2015 Annual meeting.

Marx, J.M., Gonzales, S., Lackey, J.H., Bradbury, S., Zaturenskaya, M., Davis, A.K., **Dworsky, D.**, Hinman, N., Swaminathan, S., Feuille, M., & Froemming, M. (2014). The Role of Psychological Flexibility in Minority and Non-Minority Students' Adjustment to College. *Poster presented at the Association for Contextual Behavioral Science 2014 Annual Meeting.*

Berger, B., **Dworsky, D.**, Smith, A., & Zizzi, S. (2014). Future Directions of Sport & Exercise Psychology. Professional Panel at the 24th Midwest Sport & Exercise Psychology Symposium.

Bradbury, S., Davis, A., Leith, J., Hinman, N., Ashrafioun, L., Burmeister, J., & **Dworsky, D.** (2014). Acceptability/Morality of Verbal Harassment towards Homosexual University Students. *Poster presented at Midwestern Psychological Association 2014 Annual Meeting.*

Dworsky, D. (2013). Objective Personality Assessment: Using personality measure to inform clinical work. Presentation for the Psychiatry Grand Rounds Speaker Series at the University of Toledo.

Hinman, N.G., Hayman, J., & **Dworsky, D.** (2013). The JumpStart! Program: Pilot of a Behavioral Healthy Living Intervention for Parents and Children at a Community Mental Health Center. *Poster presented at the UT-BGSU Research Symposium.*

Falb, M.D., Feuille, M., & **Dworsky, D.** (2012). Forgiveness and Mindfulness: 7-week pilot study in a community sample. *Poster presented at the UT-BGSU Research Symposium.*

Dworsky, D. (2012). Assessment of intellectual disability and developmental delay. Presentation for the Wood County Board of Developmental Disabilities.

Dworsky, D. (2011). Erase the stigma. Panel member for a Bowling Green State University Wellness Connection campus presentation.

Dworsky, D. (2010). Multiculturally valid psychological assessment. Presentation at the Bowling Green State University Counseling Center.

Dworsky, D. (2009). Attention Deficit/Hyperactivity Disorder. Presentation at the Bowling Green State University Counseling Center.

Dworsky, D. (2008). The use of assessment measures to inform clinical work. Presentation at the Bowling Green State University Counseling Center.

Dworsky, D. (2006). The use of relaxation techniques with elite athletes. Guest Lecture at BGSU.

Dworsky, D. (2006). The assessment of learning disabilities and ADHD in young adults. Presentation at the Bowling Green State University Counseling Center.

Dworsky, D., & Vasconcelles, E. (2005). Mental skills training for improved performance. Two-day workshop presented at a regional figure skating camp at the University of Findlay, Findlay, OH.

Krane, V., & **Dworsky, D.** (2005). Using the mind to heal the body: Mental skills for injury rehabilitation. Workshop presented at the Great Lakes Athletic Trainers Association Annual Meeting and Symposium, Toledo, OH.

Dworsky, D. (2005). Collegiate student-athletes: What we as counselors should know. Presentation at the Bowling Green State University Counseling Center.

Dworsky, D. (2004). Applied work in the field of sport psychology: Surprises, challenges, and keys to success. Presentation at Bowling Green State University.

Dworsky, D., & Stein, C.H. (2004). The psychosocial development of collegiate student-athletes. Presented as a lecture at the Association for the Advancement of Applied Sport Psychology Annual Conference, Minneapolis, MN.

Dworsky, D. (2004). The use of relaxation techniques with elite athletes. Guest Lecture at BGSU.

Dworsky, D. (2003). Influence of athlete identity and collective esteem on psychosocial development. Presented as part of symposium at the Association for the Advancement of Applied Sport Psychology Annual Conference, Philadelphia, PA.

Dworsky, D., & Hendrich, S.E. (2003). Self-Esteem. Presentation at Wichita State University.

Dworsky, D., & Vasconcelles, E. (2003). Young adults and parents coping with mental illness: Understanding personal loss and social network ties. Presented as part of symposium at the 9th Biennial Society for Community Research and Action Conference, Las Vegas, NM.

Dworsky, D., & Kauer, K. (2002). Improving performance: Sport psychology techniques. A series of sport psychology seminars presented at a regional hockey clinic in Bowling Green, Ohio.

Phillips, R.E., **Dworsky, D., & Emery, E.E.** (2001). Dear God: Personal loss and religious coping for adults with serious mental illness. Poster Presented at the 8th Biennial Society for Community Research and Action Conference, Atlanta, GA.

Stein, C.H., **Dworsky, D.,** Emery, E.E., Hunt, M.G., Mann, L.M., O'Connell, M.J., Phillips, R.E., Raber, A.C., Satouchi, M., Vanderploeg, J.J., Vasconcelles, E.B., & Yuan, N.P. (2001). Expectations for a normal life: How young adults with serious mental illness view their past, present, and future. Poster Presented at the 8th Biennial Society for Community Research and Action Conference, Atlanta, GA.

Teaching Experience

2020-present

- Instructor – Bowling Green State University, Bowling Green, Ohio
- Consultation in Clinical Psychology Training (Graduate Level Course): Duties include instructing students about the various ways that consultation can take place in different organizational contexts. Objectives of the course include helping students to gain foundational theoretical and applied knowledge about consultation models, learn to differentiate consultation from clinical and supervisory roles, and learn how psychologists select and apply assessment tools in different contexts to gather information. Students in the class also learn how psychologists provide accurate written and verbal feedback to a wide range of applicable consultees and recommend appropriate interventions informed by research across diverse settings.

2015-present

- Instructor – Bowling Green State University, Bowling Green, Ohio
- Theories and Techniques of Therapy (Graduate Level Course): Duties include instructing an advanced style seminar course for first year students to familiarize them with short-term approaches to psychotherapy and evidence based treatments and to assist them with the development of basic therapeutic skills. The course is also designed to familiarize students with the theoretical underpinnings of evidence-based short-term treatments. In this class students are required to regularly practice newly developed therapeutic skills, including skills in crisis intervention. Ethical and diversity related issues are also emphasized throughout the course.

- 2008-present
- **Instructor - Bowling Green State University, Bowling Green, Ohio**
Diversity in Clinical Training (Graduate Level Course): Duties include instructing an advanced seminar style course with a focus on class discussion (of readings and other materials) to explore various aspects of diversity in psychotherapy and beyond. Particular emphasis is placed on beginning the journey of becoming a culturally competent therapist. Themes of oppression and inequality are processed and related to clients' experience of society and of therapy. In an attempt to provide basic knowledge of how diversity issues affect the therapeutic process, specific intervention strategies are discussed for a wide range of clients. In general, the course strives to equally cover diversity issues at a societal level, as well as diversity issues as they relate to client care.
- 2004-present
- **Instructor - Bowling Green State University, Bowling Green, Ohio**
Application of Theory and Techniques of Therapy (Graduate Level Course): Duties include direct, hour for hour supervision of graduate students in the Psychological Services Center as they provide services to university based or community based clients. Supervision includes case conceptualization, instructing on techniques of assessment and therapy, watching video, and planning future session. Focus is on using developmental model to assess students current strengths and areas of growth and on creating a collaborative supervisory relationship that facilitates students training and promotes a high quality of care for clients.
- 2004-2005; present
- **Instructor - Bowling Green State University, Bowling Green, Ohio**
Basic Clinical Skills - Therapy (Graduate Level Course): Duties include psychotherapy supervision for graduate students in a "Team" format as well as instruction on therapeutic techniques and orientations. Class periods are spent reviewing video of each students' prior week's sessions, class discussion on conceptualization of the cases, role plays, and preparation of upcoming sessions. A didactic component is also included in the class via readings and lecture.
- 2006-2017
- **Instructor - Bowling Green State University, Bowling Green, Ohio**
Basic Clinical Skills - Assessment (Graduate Level Course): Duties included instruction on and supervision of psychological evaluations completed by graduate students in a "Team" format. Instruction included the proper development of assessment batteries to evaluate specific referral questions, clinical interviewing techniques, and the acquisition of case conceptualization skills. Evaluations included but were not limited to Learning Disabilities, ADHD, ID/DD, Autism Spectrum Disorder, and diagnostic psychiatric evaluations.
- 2005-2016
- **Instructor - Bowling Green State University, Bowling Green, Ohio**
Foundations of Clinical Psychological Assessment (Graduate Level Course): Duties included instructing first year graduate students on the history of assessment and the administration and interpretation of the WAIS-III, WISC-IV, MMPI-2, WJ-III, MCMI-III, and various other assessment measures. Instruction was also provided on the development of assessment batteries for specific referrals, such as Learning Disorders, ADHD, and ID/DD.
- 2007-2013
- **Instructor - Bowling Green State University, Bowling Green, Ohio**
Special Topics in Assessment - Advanced Personality Assessment (Graduate Level Course): Duties included instructing advanced graduate students on personality assessment and the ways personality measures are used by clinicians today. Focus was on the major objective personality inventories (MMPI-2, MCMI-III, 16PF, and others) and how they can be used together and with clinical interview data to generate hypotheses and effective treatment plans. Report writing was also covered, with particular emphasis on the comprehensive integration of client data.

- 2008 Instructor - Bowling Green State University, Bowling Green, Ohio
- Behavior Pathology (Graduate Level Course): Duties included instructing first year graduate students on the cognitive, behavioral, and emotional experiences considered indicative of psychopathology and the advantages and disadvantages of current definitions and systems of classifying mental disorder. The course also attempted to enhance students' appreciation of both the personal experience of psychopathology and public perceptions of "mental illness."

Publications/Manuscripts

- (Under Review) Jensen, C., Koerten, H., Dulek, E., Mattei, G., Grant, J., Froemming, M., **Dworsky, D.** Examination of Ethnic Racial Identity Exploration and Commitment in Emerging Adults: Group Comparisons and Specific Features of Multiracial Identity. *Journal of American College Health*.
- (Under Review) Davis, A., Armstrong, S., Lackey, J., Marx, J., Froemming, M., Merandi, G., Zaturenskaya, M., Colburn, S., **Dworsky, D.** Psychological inflexibility mediates the relationship between co-occurring stress and mental health problems and academic performance among undergraduate college students. *Journal of Contextual Behavioral Science*.
- Bradbury, S., Davis, A., Leith, J., Hinman, N., Ashrafioun, L., Burmeister, J. **Dworsky, D.** (2015). Attitudes and Beliefs about the Acceptability and Justness of Peer Victimization of Lesbian and Gay University Students. *Journal of Homosexuality*, DOI: 10.1080/00918369.2015.1112581.
- Dworsky, D.**, & Krane, V. (2007). *Using the Mind to Heal the Body: Imagery for Injury Rehabilitation*. Retrieved December 7, 2007, from Association for Applied Sport Psychology Web site: <http://www.aaasponline.org/resource-center/injury-&-rehabilitation/articles/imagery>
- Dworsky, D.**, & Stein, C.H. Not as different as you might think: The psychosocial development of collegiate student-athletes and student-musicians. *Dissertation Abstracts International*, 65(9-B), 2005.
- Stein, C.H., **Dworsky, D.**, Phillips, R.E., & Hunt, M G. (2005). Measuring personal loss among adults coping with serious mental illness. *Community Mental Health Journal*, 41, 129-139.

Honors & Awards

- 2017&2019 Awarded Certification of Appreciation from the Center for Faculty Excellence
- 2012 Nominated for the BGSU Outstanding Contributor to Graduate Education Award
- 2012 Nominated for the BGSU Arts & Sciences Diversity Award

Professional Development (last ten years)

- 2020 Telepsychology Best Practices 101
APA delivered workshops
- 2020 Cultural Competence – Inclusive Learning Environments
Jim Heisel, MCSW
- 2018 Title IX Mock Trial: Understanding Title IX and how it is implemented at BGSU
Jennifer McCary, BGSU Title IX Coordinator
- 2018 Counseling non-binary and Genderqueer people: What really helps
Sasha Strong, M.A. & Kaden Winkerkorn, M.Ed.
- 2018 Legal considerations for providers of Trans services
Alexander Chen, J.D. & Asaf Orr, J.D.

- 2018 Puberty Suppression: What, When, and How?
Johanna Olson-Kennedy, MD
- 2018 Ethics for Clinical Supervisors
George B. Haarman, Psy.D.
- 2017 Safe Zone Workshop: Meeting the mental health needs of the LGBTQ+ community.
BGSU Safe Zone training team
- 2016 Incorporating Affirmative Practice with Gender Diverse Clients in a Clinical Setting
lore dickey, Ph.D.
- 2016 Using Technology, ROM, and Deliberate Practice in Clinical Supervision: Intriguing Possibilities and Ethical Questions
Tony Rousmaniere, PsyD.
- 2016 Affirmative Mental Health Care for Transgender and Gender Non-Conforming Youth
Laura Edwards-Leeper, Ph.D.
- 2015 Training Students in Trauma Psychology: Past, Current, and Future Directions
Elana Newman, Ph.D.
- 2015 Sex, Sexuality, and Disability: Crip Justice
Julie Williams, Psy.D.
- 2014 Making a Difference: Cultural Competence and Racial Responsiveness in Clinical Practice
D. John Lee, Ph.D.
- 2014 Evolution of the DSM: Use the DSM-5 to Revolutionize Diagnosis and Treatment
Mary L. Flett, Ph.D.
- 2012 Safe Zone Workshop: Becoming an Ally and Advocate for Lesbian, Gay, Bisexual, and Transgender People
Tobias Spears, Assistant Director for LGBT Programming, BGSU
- 2012 Psychopharmacology: What You Need to Know about Psychiatric Medications
Fran Miller, RN, MSN, BC
- 2011 Evidence-Based Practice for Treating PTSD: Cognitive Processing Therapy (CPT)
Carissa Wott, Ph.D.
- 2011 Motivational Interviewing for Diverse Populations
Juline Koken, Ph.D.
- 2010 Disability Component Psychological Interventions: What Psychologists Should Know
Julie Williams, Psy.D.
- 2010 Cultural Diversity, Competency, and Sensitivity for Behavioral Health Care Providers
Larry Hamme, Ph.D.
- 2010 Understanding the Needs of Military Service Members and Their Families
Panel of mental health professionals and service members from all branches of the military

University Service

- 2021-present Psychology Department Executive Committee, **Psychology Dept, BGSU**
- 2018-present Mental Health Awareness and Education Committee, **BGSU**
- 2016-present Title IX Board, **BGSU**
- 2014-present Alternative Review Board, **BGSU**
- 2010-present Head Sport Psychologist, **Sport Performance Team, BGSU**
- 2006-present Member of BGSU Disaster Mental Health Services Network, **BGSU**
- 2005-present Faculty Advisor, Diversity Committee, **Psychology Dept, BGSU**
- 2005-present HIPAA Compliance Officer, **Psychology Dept, BGSU**
- 2005-present Psychological Services Center Steering Committee, **Psychology Dept, BGSU**
- 2006-2020 UPA/Psi Chi faculty sponsor, **Psychology Dept, BGSU**
- 2009-2013; 2017-2019 College of Arts & Sciences Diversity Committee, **BGSU**
- 2006-2018 Clinical Graduate Student Admissions Committee, **Psychology Dept, BGSU**
- 2007-2008; 2016-2017 Health Services Advisory Committee, **BGSU**
- 2013-2017 Intercollegiate Athletics Committee, **BGSU**
- 2010-2011 University Program for Academic Success Video Dev Committee, **BGSU**

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Professional and Academic References

Catherine H. Stein, Ph.D.

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Licensed Psychologist
Department of Psychology
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Dale Klopfer, Ph.D.

Dean of the College of Arts & Sciences
Professor & Former Departmental Chair
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Michael Zickar, Ph.D.

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